

## HOPE Foundation's Finolex Academy of Management & Technology, Ratnagiri NSS UNIT FAMT

## Rashtriya Ekata Divas &

## Fit India Run

The **NSS Unit** of Finolex Academy of Management and Technology (FAMT), Ratnagiri organized two significant events, **"Rashtriya Ekta Diwas"** and **"Fit India Run,"** aimed at fostering unity, patriotism, and promoting fitness among the students and the community on 31<sup>st</sup> October 2023.

**Rashtriya Ekta Diwas**, celebrated on 31st October every year, marks the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. The NSS Unit organized a **Unity Pledge Activity** with the primary objective of promoting national unity and integrity among the participants. It served as a reminder of the importance of unity in diversity.

"Fit India Run 2024" aimed at promoting fitness, and well-being, and raising awareness about the importance of physical activity among the youth and the community. A marathon event was organized, inviting students, faculty, and community members to participate in various categories based on age and fitness levels. The event successfully promoted fitness consciousness and underscored the importance of regular physical activity for overall well-being.

The NSS Unit of FAMT, through the organization of "Rashtriya Ekta Diwas" and "FIR India Run 2024," demonstrated its commitment to promoting national unity and physical fitness among the students and the community. A total of 20 Students and Faculty members of FAMT participated.

Prof. Umesh K Samant (Program Officer), Prof. Harsha N Kelkar (Program Officer), Prof. Sachin S Gurav (Institute Coordinator), Prof. Priyanka A. Date (Member), Saurabh S. Shahane (Member) coordinated the event under the guidance of Principal Dr. Kaushal Prasad.



Rashtriya Ekata Divas Unity Pledge Activity



Students participated in Fit India Run 2024